



Winter Menu



w.c 30/10/2023 20/11/2023 11/12/2023 1/1/2024 22/1/2024 12/2/2024 11/3/2024

2023 - 1 <small>Hot</small>	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Pork Meatballs in Gravy with Mashed Potatoes and Green Beans	Chicken in Tomato and Basil Sauce with Pasta and Mixed Vegetables	Kingswood's All Day Breakfast with Pork Sausage, Mini Omelette, Hash Brown and Baked Beans	Roast Chicken Fillet in Gravy with Yorkshire Pudding, Roast Potatoes and Diced Carrots	Fish Fingers with Chips and Garden Peas, Tomato Ketchup (optional)
Vegetarian	Winter Vegetable Cheese Topped Cottage Pie with Green Beans (v)	Quorn Fillet in Tomato and Basil Sauce with Pasta and Mixed Vegetables (vgn)	Kingswood's Vegetarian All Day Breakfast with Quorn Sausage, Mini Omelette, Hash Brown and Baked Beans (v)	Cheesy Vegetable Bake with Yorkshire Pudding, Roast Potatoes and Diced Carrots (v)	Macaroni Cheese with Garden Peas (v)
Jacket Potato	Jacket Potato with Baked Beans (vgn)	Jacket Potato with Cheese (v)	Jacket Potato with Tuna Mayo	Jacket Potato with Cheese (v)	Jacket Potato with Baked Beans (vgn)
Plant Based	Meat Free Balls in Gravy with Mashed Potatoes and Green Beans (vgn)	Vegetable Biryani with Mixed Vegetables (vgn)	Kingswood's Plant Based All Day Breakfast with Quorn Sausage, Baked Tomato, Hash Brown and Baked Beans (vgn)	Roast Quorn Fillet in Gravy with Roast Potatoes and Diced Carrots (vgn)	Vegetable Fingers with Chips and Garden Peas, Tomato Ketchup (optional) (vgn)
Packed Lunch	Cheese Sandwich with a Sultana and Raisin Bag, Belgian Waffle and an Apple (v)	Ham Roll with a Sultana and Raisin Bag, Cocoa Brownie and a Satsuma	Cheese Sandwich with a Sultana and Raisin Bag, Golden Oat Flapjack and an Apple (v)	Tuna Mayo Roll with a Sultana and Raisin Bag, Shortbread Biscuit and a Satsuma	Meat Free Sausage Roll with a Sultana and Raisin Bag, Apple and Raspberry Flapjack and a Satsuma (vgn)
Pudding	Fruit Yogurt (v)	Fresh Fruit (vgn)	Chocolate Sponge (v)	Guilborough Biscuit (vgn)	Winter Sponge Cake (v)

w.c 6/11/2023 27/11/2023 18/12/2023 8/1/2024 29/1/2024 26/02/2024 18/03/2024

2023 - 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Pork Meatballs in Tomato Sauce with Wholemeal Pasta and Mixed Veg	Cheese and Tomato Pizza with Baked Beans (v)	Beef Burger in a Roll with Peas and Sweetcorn, Tomato Ketchup (optional)	Roast Chicken Fillet in Gravy with Yorkshire Pudding, Roast Potatoes and Diced Carrots	Salmon Fish Fingers with Chips and Garden Peas, Tomato Ketchup (optional)
Vegetarian	Ratatouille with Wholemeal Pasta and Mixed Veg (vgn)	Cheese and Onion Slice with Baked Beans (v)	Meat Free Chicken Style Burger in a Roll with Peas and Sweetcorn, Tomato Ketchup (optional)	Cheesy Vegetable Bake, Yorkshire Pudding, Roast Potatoes and Diced Carrots (v)	Macaroni Cheese with Garden Peas (v)
Jacket Potato	Jacket Potato with Baked Beans (vgn)	Jacket Potato with Cheese (v)	Jacket Potato with Tuna Mayo	Jacket Potato with Cheese (v)	Jacket Potato with Baked Beans (vgn)
Plant Based	Meat Free Balls in Tomato Sauce with Wholemeal Pasta and Mixed Veg (vgn)	Smokey Cowboy Stew (vgn)	Roasted Vegetable Quinoa with Peas and Sweetcorn (vgn)	Roast Quorn Fillet in Gravy with Roast Potatoes and Diced Carrots (vgn)	Vegetable Fingers with Chips and Garden Peas, Tomato Ketchup (optional) (vgn)
Packed Lunch	Cheese Sandwich with a Sultana and Raisin Bag, Belgian Waffle and an Apple (v)	Ham Roll with a Sultana and Raisin Bag, Cocoa Brownie and a Satsuma	Cheese Sandwich with a Sultana and Raisin Bag, Golden Oat Flapjack and an Apple (v)	Tuna Mayo Roll with a Sultana and Raisin Bag, Shortbread Biscuit and a Satsuma	Meat Free Sausage Roll with a Sultana and Raisin Bag, Apple and Raspberry Flapjack and a Satsuma (vgn)
Pudding	Mini Blueberry Muffin (v)	Fresh Fruit (vgn)	Rice Pudding (v)	Coconut Cookie (vgn)	Lemon Drizzle Cake (v)

(v) Vegetarian suitable

(vgn) Vegan suitable



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KingswoodKitchen / Kingswood Education Catering Ltd





Winter

Menu



w.c 13/11/2023 4/12/2023 15/1/2024 5/2/2024 4/3/2024 25/3/2024

2023 - 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Breaded Chicken Fillet with Alphabyte Potatoes, Peas and Sweetcorn	Pork Sausages with Potato Wedges and Baked Beans	Chicken Korma Curry with Rice and Garden Peas	Roast Beef in Gravy with Yorkshire Pudding, Roast Potatoes and Diced Carrots	Battered Fish with Chips and Garden Peas, Tomato Ketchup (optional)
Vegetarian	Vegetable Fingers with Alphabyte Potatoes, Peas and Sweetcorn (vgn)	Cheese and Tomato Quiche with Potato Wedges and Baked Beans (v)	Macaroni Cheese with Garden Peas (v)	Roast Quorn Fillet in Gravy with Yorkshire Pudding, Roast Potatoes and Diced Carrots (v)	Cheese and Onion Slice with Chips and Garden Peas Tomato Ketchup (optional) (v)
Jacket Potato	Jacket Potato with Baked Beans (vgn)	Jacket Potato with Cheese (v)	Jacket Potato with Tuna Mayo	Jacket Potato with Cheese (v)	Jacket Potato with Baked Beans (vgn)
Plant Based	Meat Free Chicken Style Burger with Alphabyte Potatoes, Peas and Sweetcorn (vgn)	Quorn Sausages with Potato Wedges and Baked Beans (vgn)	Vegetable Coconut Curry with Rice and Garden Peas (vgn)	Meat Free Balls in Gravy with Roast Potatoes and Diced Carrots (vgn)	Vegetable Fingers with Chips and Garden Peas Tomato Ketchup (optional) (vgn)
Packed Lunch	Cheese Sandwich with a Sultana and Raisin Bag, Belgian Waffle and an Apple (v)	Ham Roll with a Sultana and Raisin Bag, Cocoa Brownie and a Satsuma	Chilled Cheese and Tomato Pizza Slice with a Sultana and Raisin Bag, Golden Oat Flapjack and an Apple (v)	Tuna Mayo Roll with a Sultana and Raisin Bag, Shortbread Biscuit and a Satsuma	Meat Free Sausage Roll with a Sultana and Raisin Bag, Apple and Raspberry Flapjack and a Satsuma (vgn)
Pudding	Belgian Waffle (v)	Fresh Fruit (vgn)	Jam Roly Poly with Evaporated Milk (v)	Chocolate Flavoured Cookie (vgn)	Iced Carrot Cake (v)

(v) Vegetarian suitable

(vgn) Vegan suitable

